



Welcome to a better health care experience

Taking care of your health is simpler and easier with our online tools and programs

With your Neighborhood Health Partnership plan, you have access to a suite of online tools, mobile applications and health programs—all built to make managing your health easier and more convenient, and include:

- Employee Assistance Program (EAP)
- UnitedHealthcare® app
- HealtheNotes Reminders
- Real Appeal®
- **myuhc.com**®
- Virtual Visits
- Rally®

Access a broad range of support services and resources

- Coronary artery disease and diabetes mailing programs
- Kidney resource services
- Neonatal resources



Sign in to myuhc.com to get started

United Healthcare

The HealtheNotes and HealtheNotes Reminders program messages are for informational purposes only and provided as part of your health plan. The HealtheNotes and HealtheNotes Reminders team cannot diagnose problems or suggest treatment. The health related messages are based on information received from health claims data and are not a substitute for your doctor's care. Due to possible delays in receiving data, and because each individual's situation is unique, the messages may not reflect your most current health information. If this is the case, please disregard the messages. Please discuss with your doctor how the information provided is right for you. Your health information is kept confidential in accordance with the law. HealtheNotes and HealtheNotes Reminders are not an insurance program and may be discontinued at any time.

The material provided through the Employee Assistance Program (EAP) is for informational purposes only. EAP staff cannot diagnose problems or suggest treatment. EAP is not a substitute for your doctor's care. Employees are encouraged to discuss with their doctor how the information provided may be right for them. Your health information is kept confidential in accordance with the law. EAP is not an insurance program and may be discontinued at any time. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against UnitedHealthcare or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

Rally Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

Real Appeal is a voluntary weight loss program that is offered to eligible members at no additional cost as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Results, if any, may vary. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

Disease Management programs and services may vary on a location-by-location basis and are subject to change with written notice. UnitedHealthcare does not guarantee availability of programs in all service areas and provider participation may vary. Certain items may be excluded from coverage and other requirements or restrictions may apply. If you select a new provider or are assigned to a provider who does not participate in the Disease Management program, your participation in the program will be terminated. Self-Funded or Self-Insured Plans (ASO) covered persons may have an additional premium cost. Please check with your employer.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Health plan coverage provided by or through UnitedHealthcare of Florida, Inc. and Neighborhood Health Partnership, Inc.