



LA COUNTY

Wellness Webinars

Brought to you by the Wellness Council of Arizona



2020
Series

Trust Your Gut! Listen to what your gut has been trying to tell you all along. Learn the ins and outs of your digestion system, including symptoms, causes and treatment of IBS.

Trust Your Gut: Managing Digestive Issues & Irritable Bowel Syndrome

Register Here

Participant will receive a confirmation email with the attendee link and call in number upon registration.

Date: April 8, 2020

Time: 12:00pm – 12:45pm

Los Angeles County
DEPARTMENT OF

Human Resources

