

Shop healthy. Save money.

Through the Healthy Savings program, Oxford plan members can have an easier and more affordable way to purchase healthy foods. ${ }^{1}$ Each week, you will get emails from the program letting you know which healthy foods have been discounted that week at participating grocery retailers. Choose from pre-selected healthy foods, such as lean meats, milk, bread, yogurt, cheese and produce.

## Start saving today.

1. Register your card online at HealthySavingsOxford.com. Your card was mailed to your home address.
2. Shop at participating grocery retailers:

Stop \& Shop, Western Beef.
3. Scan your Healthy Savings card during checkout to receive instant savings.
4. Check your email for weekly food specials or visit HealthySavingsOxford.com to view the list of foods on sale. Also, visit this website to customize your grocery list, find recipes and nutritional information, and more.

## Extra savings on fresh produce.

Use your Healthy Savings card to be eligible for up to an additional 25\% discount on vegetables and fruit - savings that may add up to as much as \$5, on average, a week.
Just scan your Healthy Savings card during checkout for savings that are in addition to weekly Healthy Savings discounts, in-store specials or coupons.

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     under this program do not constitute an endorsement or recommendation by UnitedHealthcare, including Oxford, of any specific product, or medical advice.
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